

WestPhD Inc.
West Kirkley
3012 Nowak DR. Lot 42
Orlando, Fl. 32804-1941
Cell: 407-595-9378
Young Living Member #363683



Thank you for your Interest in Young Living Essential Oils!

Enclosed is some amazing Information on some of the Young Living Products. I have found that they are of the HIGHEST caliber out there, not only in the standards of quality, but also in the research that Young Living does on each of the products that the sell.

As you learn more about this wonderful company, you will also be Proud, to share the product line. You will soon discover the quality, scientific research, and the commitment that Dr. Gary Young has in the future vision health care.

As a massage therapist and energy healer, I have found that the frequency of the oils assist in releasing tension in the muscles, and trapped feeling in the cells. As a Hypnotist, I have use the essential oils to assist in breaking patterns on a subconscious level. The Oils also are a wonderful way to use with a client in post to assist in anchoring the new pattern in there life.

Today, as you review the following material, please write down any question that you might have, you can use the above information to contact me. One thing is for sure, if I dont know the answer, I will find it and assist you in anyway that I can. Also, my upline is normally available in these rare occasions.

Remember, as we walk down our path, we are not alone.
We are ONE.

Much Love!

West

A•R•T® Gentle Foaming Cleanser



A•R•T Gentle Foaming Cleanser

Item No. 5172

A•R•T Skin Care System

Item No. 3131

(Includes Day Activator, Night Reconstructor, and Gentle Foaming Cleanser)

Body System Supported: Skin

This unique foaming cleanser was designed to clean the skin by gently removing oil, dirt, and makeup. Gentle Foaming Cleanser is formulated from naturally occurring sugars and contains ingredients that penetrate the epidermis to remove unwanted oils and impurities. This cleanser also includes a quartet of pure therapeutic-grade essential oils that were specifically selected for their skin-enhancing benefits, including DNA recovery.

Ingredients

Contains gentle surfactants (made from corn and coconuts) that are emulsifiers, foam producers, and cleaning agents. These “surface active agents” also bridge the gap between oil and water in products: sodium lauroamphoacetate and sodium methyl cocoyl taurate. Also contains skin-supporting essential oils of frankincense (*Boswellia carteri*), sandalwood (*Santalum album*), melissa (*Melissa officinalis*) and German chamomile (*Matricaria recutita*). Natural vitamin E and green tea leaf extract provide antioxidant power as well.

How to Use

Splash face with warm water. Dispense and lather a small amount of cleanser from pump. With wet hands, massage gently over face. Rinse thoroughly. To be used twice daily for a refreshing cleanse in the morning and a thorough cleansing at night. Suitable for all skin types. For maximum benefit, immediately apply Day Activator in the morning and Night Reconstructor in the evening to freshly cleansed skin.

Important Information

Young Living’s Gentle Foaming Cleanser cleans the skin without irritation or dryness and contains no harsh astringents. Its powerful foaming action gently lifts and captures makeup and oils, leaving the skin feeling clean, hydrated, and soft.



A•R•T[®] Purifying Toner

Age Refining Technology

Cleanse, purify, and rejuvenate
the surface of the skin



Product Summary

A necessary step in any comprehensive skin care regimen, Young Living's Purifying Toner helps support cleansing by removing unwanted oil, dirt, and other impurities that can accumulate on the skin. Understanding the therapeutic benefits of pure essential oils in skincare products, Young Living has included frankincense and sandalwood for their ability to visibly revitalize skin, lemon and peppermint to cleanse and energize, and melissa and lavender to sooth and balance. This remarkable formula will purify and rejuvenate the skin's surface, restoring a firm and healthy-looking complexion.

Product Story

The natural process of aging can have a negative effect on the texture, tone, and appearance of skin. As we age, our skin is repeatedly exposed to harmful chemicals and damaging sunlight. Over time, this exposure causes significant damage to DNA, and eventually the skin starts to thin, age spots appear, and uneven skin tone, enlarged pores, and wrinkle formation result.

To actually restore your complexion's vibrant, youthful appearance, you must repair DNA, build healthy collagen, and maintain nourished and hydrated skin. Young Living has combined pure, therapeutic-grade essential oils, DNA recovery technology, and collagen-enhancing ingredients to create a line of quality skin care products that can combat the visible signs of aging at the cellular level, renewing younger-looking skin.

Young Living's Age Refining Technology Skin Care System includes a Gentle Foaming Cleanser, Day Activator, and Night Reconstructor cream. Adding the Purifying Toner to this skincare regimen will further improve the appearance of dry, sun-damaged skin by enhancing pH balance, reducing pore size, and restoring a softer, smoother complexion. Used in conjunction with the A•R•T Skin Care System, the Purifying Toner provides a more complete, more effective skincare regimen.

Primary Benefits

- + Minimize oily shine
- + Enhances pH balance
- + Reduces the appearance of pores
- + Smoothes and softens skin

What Makes This Product Unique?

Typically, toners are positioned as a final step in cleansing and generally work as stripping agents that remove excess oil and other residue from the surface of the skin. However, they can also contain harsh, inexpensive astringents that can be extremely drying to skin.

Utilizing the same high-quality ingredients as the other A•R•T products, Young Living's A•R•T Purifying Toner helps cleanse, energize, and revitalize the surface of the skin. Relying on skin-soothing essential oils and witch hazel extract, the Purifying Toner won't leave skin feeling dry and dehydrated. This mild formula absorbs quickly and leaves skin feeling clean, smooth, and soft.

A•R•T® Purifying Toner

Who Should Use This Product?

This product is ideal for adult men and women concerned with protecting their skin and reversing the appearance of aging by correcting UV and oxidative damage and preserving firmness, elasticity, and even skin tone well into their middle and late stages of adulthood. As men and woman become more aware of their skin's vulnerability to aging, they are taking early preventative measures, including investing in quality skin care products, to ensure longevity of younger-looking skin.

Did You Know?

- + The alcohol content in the Purifying Toner was denatured with peppermint essential oil, keeping the formula clean, natural, and free of synthetic preservatives.
- + Lavender soothes burns, cuts, and wounds, while also preventing the build-up of excess oil in the skin.
- + Frankincense and sandalwood have the ability to repair DNA, helping reverse the signs of sun damage and aging in the skin.
- + Grape seed extract is a potent antioxidant that can help protect skin from free radical damage.
- + Allantoin, aloe, and vitamin A deliver skin-softening benefits that nourish, protect, and hydrate skin.

Key Ingredients

The essential oils of frankincense, sandalwood, lemon, peppermint, lavender, and melissa; witch hazel, Aloe Barbadensis Leaf Juice, allantoin, and retinyl palmitate (vitamin A).

How to Use

For best results, thoroughly clean the skin with the A•R•T Gentle Foaming Cleanser, and sweep Purifying Toner over face with a cotton ball. Apply the A•R•T Day Activator or Night Reconstructor cream over the Toner. All of the A•R•T products should be used in the morning and again in the evening.

Warnings

For external use only. Store in a cool, dry place.

Complementary Oils

The single essential oils of sandalwood, frankincense, lavender, melissa, and lemon, all included in the Purifying Toner formula, can be used aromatically and applied topically to enhance your skin care regimen and improve the condition of skin.

Complementary Products

A•R•T Skin Care System, NingXia Red®, Essential Beauty Serums (oily, acne-prone, and dry skin)

Frequently Asked Questions

Q Since many essential oils can be drying to the skin and most toners strip skin of moisture, should someone with dry skin avoid this product?

A *The A•R•T Purifying Toner contains witch hazel extract, allantoin, and aloe to help moisturize and condition skin. Although some essential oils can be drying when applied directly to the skin, the essential oils in this formula have been carefully selected for their skin-nourishing properties and are delivered in amounts that won't leave skin feeling dehydrated. However, since certain skin conditions, skin type, diet, sleep, age, and sun exposure all effect the level of moisture in skin, it is recommended that you adjust usage of the A•R•T Purifying Toner, Day Activator, and Night Reconstructor products according to your personal skincare needs.*



West Kirkley
407-595-9378
YLM # 363683
WestPhD@gmail.com

A•R•T® Day Activator



A•R•T Day Activator Item No. 5170

A•R•T Skin Care System Item No. 3131

(Includes Day Activator, Night Reconstructor, and Gentle Foaming Cleanser)

Body System Supported: Skin

Young Living's new Age Refining Technology (A•R•T) Day Activator contains the powerful photolyase enzyme that uses light to renew damaged DNA. As little as thirty minutes of moderate light provides a significant amount of energy for the enzyme and has been shown to restore up to 60 percent more DNA damage than untreated human cells. Combine the skin revitalizing power of essential oils with a proprietary Anti-Aging Peptide Complex to reduce the look of fine lines and wrinkles, diminish age spots, even skin tone, and increase the elasticity and density of your skin. This light-bodied, water-based face and neck cream absorbs quickly and is perfect for wearing underneath makeup or sunscreen.

Ingredients

Deionized water, plant-derived pentylene glycol for moisture retention, plant-based glycerine and glyceryl stearate to moisturize and stabilize the formula, betaine from sugar beets to increase the moisture capacity of the skin, cetearyl alcohol (made by combining fatty alcohols derived from vegetable sources) as an emollient, Lycium barbarum seed oil (adding the nourishing properties of Ningxia wolfberries), a plant-based, light-activated enzyme complex containing photolyase, meadowfoam seed oil and shea butter (mois-

turizers), vitamins A, C, and E for antioxidant protection, and the unparalleled skin support and nourishment of the essential oils of frankincense (*Boswellia carteri*) and sandalwood (*Santalum album*).

How to Use

Apply in the morning after cleansing. Using fingertips, massage a generous amount (usually two to four pumps) of Day Activator over face and neck regions as needed. Suitable for all skin types. For maximum benefit, Day Activator should be used with Young Living's Gentle Foaming Cleanser and Night Reconstructor Cream. Day Activator should be reapplied after prolonged sun exposure.

Important Information

Now you can look as young as you feel! Too much sun can cause skin damage including fine lines, wrinkles and age spots. Using the innovative photolyase enzyme, Day Activator enhances your body's ability to restore DNA and reduce damage in the future. An exclusive Anti-Aging Peptide Complex, featuring Matrixyl™ 3000 and vitamin C, reduces the look of fine lines and wrinkles by improving elasticity and increasing the thickness of the skin. Add the power of the legendary wolfberry seed oil, known for its skin hydrating properties, and you have the formula for a truly unique and effective day cream. This light-activated formula also delivers a proprietary blend of pure essential oils to help sustain DNA recovery while providing a natural, light, refreshing fragrance. Make Day Activator part of your skincare routine and help yourself to ageless beauty.

A•R•T® Night Reconstructor



A•R•T Night Reconstructor Item No. 5171

A•R•T Skin Care System Item No. 3131

(Includes Day Activator, Night Reconstructor, and Gentle Foaming Cleanser)

Body System Supported: Skin

Young Living's Age Refining Technology (A•R•T) Night Reconstructor contains the superior endonuclease enzyme that uses the energy in your body to cut damaged DNA segment, copy the original segment before damage, and insert the new segment back into the correct place in the cell's DNA structure. This formula is also enriched with the Anti-Aging Peptide Complex, wolfberry seed oil, and three skin-soothing essential oils, German chamomile (*Matricaria recutita*), sandalwood (*Santalum album*) and frankincense (*Boswellia carteri*). This powerful combination of ingredients helps reduce the look of fine lines and wrinkles, diminish age spots, even skin tone, and increase the elasticity and density of your skin. This medium-bodied, water-based face and neck cream contains enhanced moisturizers for maximum hydration while you sleep.

Ingredients

A base similar to Day Activator, Young Living's Night Reconstructor contains even more *Lycium barbarum* seed oil for the nourishing properties of Ningxia wolfberries. Wolfberry seed oil is a treasure trove of essential fatty acids like linoleic acid, GLA (gamma-linolenic acid), and oleic acid. Like Day Activator, the Night Reconstructor

cream has a full complement of antioxidant vitamins and rich emollients to protect and hydrate your skin.

How to Use

Apply in the evening after cleansing. Using fingertips, massage in a generous amount (usually two to four pumps) of Night Reconstructor over face and neck regions as needed. For maximum benefit, Night Reconstructor should be used with Young Living's Gentle Foaming Cleanser and Day Activator Cream.

Important Information

Pamper your skin and restore its beauty! A vital component of the A•R•T system, Night Reconstructor uses the endonuclease enzyme to renew DNA while you rest. An exclusive Anti-Aging Peptide Complex, featuring Matrixyl™ 3000 and vitamin C, reduces the look of fine lines and wrinkles by improving elasticity and increasing the thickness of the skin. This nighttime formula also delivers a proprietary blend of pure essential oils to help sustain DNA recovery while providing a natural, light, refreshing fragrance. Add the power of the legendary wolfberry seed oil, known for its skin hydrating properties, and you have the formula for a truly unique and effective night cream. Wake up feeling refreshed and revitalized with Night Reconstructor and recapture your youthful appearance.



Essential Beauty Serums™

Correct + Revitalize Troubled Skin



Product Summary:

Specially formulated to treat dry, oily, or acne-prone skin types, Young Living's Essential Beauty Serums use pure essential oils including sandalwood, orange, lavender, and other rare, exotic oils such as pink pepper, blue cypress, and davana to protect, strengthen, and improve the appearance of skin.

Product Story:

Vibrant, beautiful skin has always been considered an important part of health. But in today's modern environment, soft, smooth, flawless skin can be difficult to achieve and even more challenging to maintain. Your skin's health is largely determined by diet, lifestyle habits, and sun exposure, which can sabotage healthy skin and leave lasting effects on skin strength, resiliency, and appearance.

Essential oils offer pure, potent plant remedies for the skin and have been used since ancient times for a number of skin care needs. It's no secret that lavender oil nourishes stressed or sunburned skin, that sandalwood can hydrate and repair dry or damaged skin, or that melaleuca can prevent the recurrence of breakouts and blemishes. This long history of use has prompted beauty, cosmetic, and skin care brands to use essential oils to improve the potency of their products. As the leader in the essential oil industry, Young Living recognizes the many benefits of essential oils and has always promoted the use of pure essential oils as an important part of any skin care regimen. Having set the standard in quality, therapeutic-

grade essential oils, Young Living knows which oils deliver the best results and has carefully selected pure, unadulterated essential oils for their premium line of skincare and beauty products.

Primary Benefits:

- + Dry Skin: Moisturizes and nourishes dehydrated skin.
- + Oily Skin: Controls surface oils and buildup and minimizes shine.
- + Acne-Prone Skin: Soothes blemished skin and discourages future breakouts.

What Makes This Product Unique?

Each of the Essential Beauty Serums combines a potent blend of pure essential oils that target specific skin care needs with a proprietary vegetable oil complex to nourish and protect the skin without overdrying or clogging pores.

Who Should Use This Product?

Those concerned with correcting and repairing troubled skin and especially those with excessively dry, oily, or acne-prone skin types.

Did You Know?

- + According to the *British Journal of Dermatology*, topically applied *Melaleuca alternifolia* acts as a powerful anti-inflammatory agent with potent antimicrobial effects¹ and has been shown to be as effective as benzyl peroxide in combating acne (acne vulgaris).²
- + Rosehip seed oil, rich in omega-3 essential fats, improves texture and restores the skin's natural moisture balance.³

Essential Beauty Serums

- + Sandalwood essential oil is renowned for its skin care benefits and has the ability to repair DNA, helping reverse the signs of sun damage in the skin.
- + Avocado oil is a rich source of vitamin E and lutein. Lutein can absorb UV light and help protect the skin from sun damage.
- + Wolfberry seed oil is exceptionally protective and nourishing to skin and is rich in omega-3 and omega-6 fats, which allow the oil to moisturize the outer dermal layers.

Key Ingredients

- + Dry Skin: sandalwood, blue cypress, cedarwood, myrrh, clove, and lavender essential oils.
- + Oily Skin: spearmint, nutmeg, pink pepper, orange, and davana essential oils.
- + Acne-Prone Skin: *Melaleuca alternifolia*, cedarwood, eucalyptus stageriana, manuka, and red thyme essential oils.

How To Use

For best results, incorporate the use of Young Living's Age Refining Technology (A-R·T) skincare products using the following three steps:

- Step 1: Thoroughly clean the skin with A-R·T Gentle Foaming Cleanser.
- Step 2: Sweep the A-R·T Purifying Toner over face with a cotton ball.
- Step 3: Spot apply desired Essential Beauty Serum to problem areas on the face and neck regions before moisturizer, sun block, or makeup is applied. If preferred, add 3–5 drops of the serum to the A-R·T Day Activator or Night Reconstructor creams, mix well, and spread evenly over the face. Serums should be applied in the morning and again in the evening.

Warnings

For external use only. Store in a cool, dark place.

Complementary Products

A-R·T Skin Care System, A-R·T Purifying Toner, and Longevity[®] softgels

Frequently Asked Questions

Q Does my skin have to be damaged or noticeably troubled for me to use the Essential Beauty Serums?

A *No. In fact, although they are highly effective in treating problem skin, the ingredients in these serums are mild enough that they can act as a protectant for the skin and help prevent future problems from occurring. Essential oils also contain antioxidant properties that can help correct damaged skin and minimize the signs of aging.*

Q Since many essential oils can be drying to skin, how is the dry skin formula effective in keeping the skin moist?

A *Each of the serum blends contains essential oils that target specific skin types. The essential oils help remove compacted keratin and sebum from skin follicles that can contribute to excessive oil, breakouts and poor skin clarity. Once the debris from the skin has been removed, the unique vegetable oil complex creates a protective lipid layer that hydrates and moisturizes the skin. The vegetable oil complex also retains a quota of essential oils for sustained antioxidant activity and cell protection.*

Q Can I use the acne-prone skin blend with my other acne treatments or medications?

A *Typically, the steps taken to correct problematic skin can lead to overdrying or over-moisturizing, thus causing more problems. The Essential Beauty Serums are mild products that will not only perform the desired function but will condition and nourish the skin simultaneously, so they can be used with other acne treatments.*

Key Scientific Studies

- 1 K. J. Koh, et al., "Tea tree oil reduces histamine induced skin inflammation," *Br J Dermatol*. 2002 Dec;147(6):1212–7.
- 2 S. S. Biju, et al., "Formulation and evaluation of an effective pH balanced topical antimicrobial product containing tea tree oil," *Pharmacies*. 2005 Mar;60(3):208–11.
- 3 J. C. Moreno Gimenez, et al., "Treatment of skin ulcer using oil of mosqueta rose." *Med Cutan Ibero. Lat Am*. 1990;18(1):63–6.